

13. Mt. Mitake (御岳山) [Mt. Mitake Hiking](#) [Mitake Valley](#) [Tsurutsuru Onsen](#)

Recommended (detailed photo): [Mt. Mitake](#) → [Mt. Hide](#) [Mt. Mitake](#)

Japanese: <https://www.ces-net.jp/mitakevc/courses.htm> [Mitake Tozan](#)

Most of the climbers here are locals, unlike Mt. Takao. The cable cars here are dog friendly..

Transportation Example:

Shinjuku 8:01 → 9:17 Ome 9:30 → 9:46 Mitake 9:55 → To Cable car ... Takimoto →

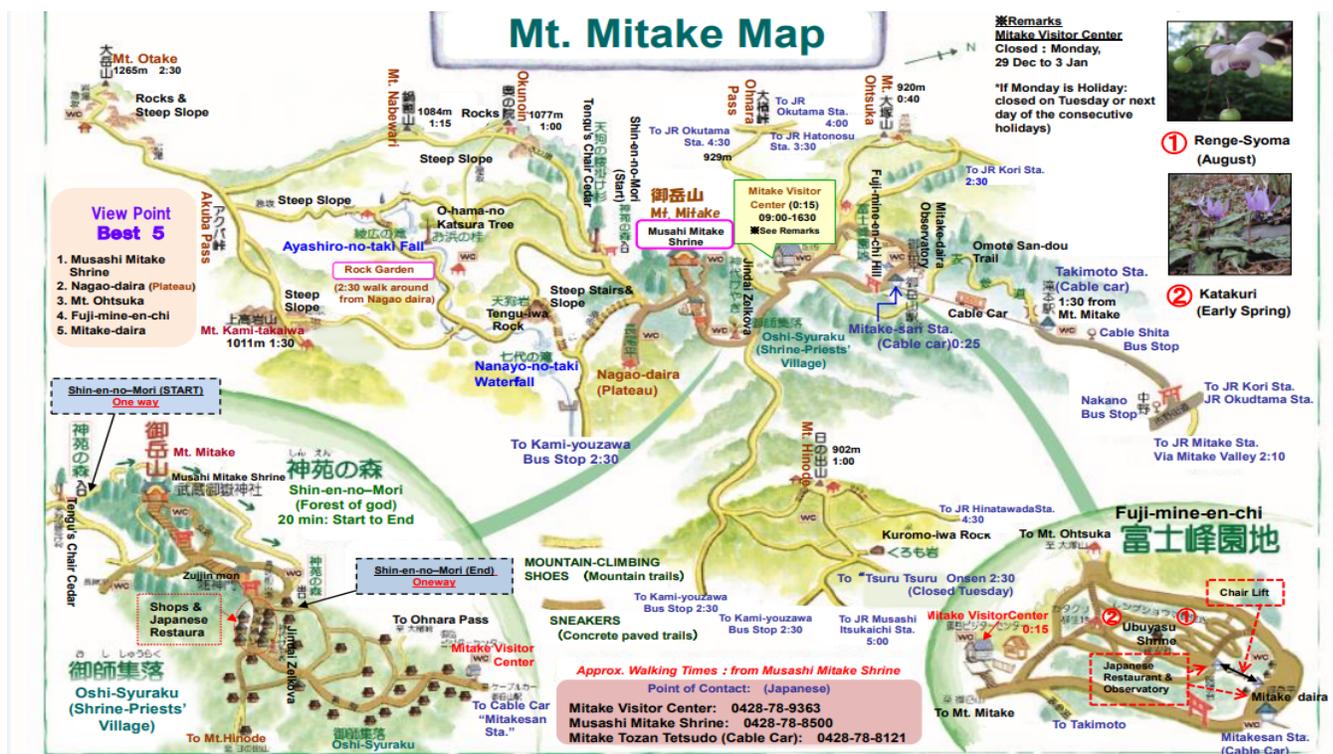
Mitakesan ... Mitake Jinja ... Rock garden ... Mitakesan

Via Hinode Yama: Mt. Mitake ... Mt. Hinode ... Tsurutsuru Onsen 16:41 → 17:00 Musashi

Gokaichi 17:20 → 17:55 Tachikawa 17:41 → 18:36 Shinjuku

1-day free pass in Tokyo (JR etc) ¥1,600

Tsurutsuru Onsen → Musashi Gokaichi bus ¥410 (Hot spring usage fee ¥860)



Musashi Mitake Shrine (武蔵御嶽神社)

Located on the summit of Mt. Mitake at an altitude of 929m, this shrine was built in 91 BC and became famous in AD 736 during the Nara Period. Many people visit the shrine to pray for the health of their dogs.



Nagao Daira (長尾平)

A place with a great view of the valley, 5 minutes from Nagao Daira Shrine.



Nanayo Falls (七代の滝)

A 20 minute hike will bring you to this waterfall.



Rock Garden (ロックガーデン) 35 minute walk to reach the rock garden along the clear stream.



Hinode Yama (日の出山) One hour from Mt. Mitake, the summit of Hinode Yama overlooks the Kanto Plain. The Tsurutsuru Hot spring is here for a quick relaxing outdoor bath.



Mount Mitake is one of the few mountains with a cable car. It was built because many people visit the shrine on the top of the mountain. There are many different hiking routes from Mitake Mountain to the Gokkaichi side and the route to Otake Mountain. It is also a mountain frequently visited by heavy climbers. At the foot of the mountain, there are many families playing and rafting in the Mitake Valley. This is a naturally beautiful place. Why not improve your physical and mental health and refresh yourself in nature.

Mitake Valley: The Mitake Valley along the Tama River is also a popular hiking route.

